

Tracey Helton

February 4, 1961 - June 7, 2018

Funeral services for Tracey Helton, age 57, are scheduled for 3 PM, Sunday, June 10, 2018 in the chapel of Pafford Funeral Home. Mrs. Helton passed away late Thursday in Jackson. She was born February 4, 1961 in Cedar Rapids, Iowa to the late Dick and Margaret Pollock. She was a master scheduler at Bates Rubber in Lobelville. Survivors include her four children, Josh Henson (Dawn), Bobby Henson, Katie Williams (Ed), and Stephanie Crouse (Jason); two brothers, Greg Pollock (Pam) and Jeff Pollock (Maureen); sister, Kat Pollock (Deb Pritchard); and eight grandchildren, Luke Williams, Tate Crouse, Anna Crouse, Brody Wood, Knox Crouse, Maddox Crouse, Jayden and Landon Henson.

Previous Events

Visitation

JUN **9**. 4:00 PM - 9:00 PM (CT)

Pafford Funeral Home - Lexington, TN
71 Monroe Ave.
Lexington, TN

Visitation

JUN **10**. 1:00 PM - 3:00 PM (CT)

Pafford Funeral Home - Lexington, TN
71 Monroe Ave.
Lexington, TN

Chapel Service

JUN **10**. 3:00 PM (CT)

Pafford Funeral Home - Lexington, TN
71 Monroe Ave.
Lexington, TN

Tribute Wall



“ *Pafford Funeral Home created a Tribute Video in memory of Tracey Helton*



Pafford Funeral Home - June 09, 2018 at 10:55 AM



“ *Gay Reeves lit a candle in memory of Tracey Helton*



Gay Reeves - June 09, 2018 at 07:39 PM

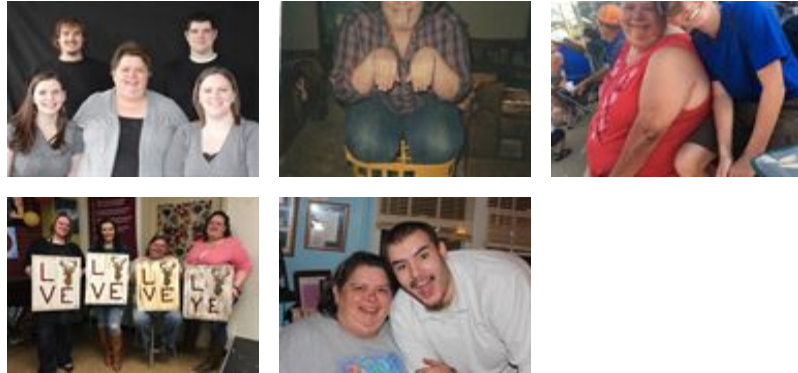


“ *Greg and family, So sorry for your loss. Prayed for Tracey. Will keep you all in my thoughts and prayers*
Deb Shultz Hasbrouck

Debra Hasbrouck - June 09, 2018 at 01:29 PM



“ 50 files added to the album Life Tributes



Pafford Funeral Home - June 09, 2018 at 09:58 AM



“ May your loved ones find peace, you are loved.



Lorie Cromwell - June 09, 2018 at 09:04 AM



“ Julie Miller sent a virtual gift in memory of Tracey Helton



Julie Miller - June 09, 2018 at 08:16 AM



“ *Ginger Taylor lit a candle in memory of Tracey Helton*



Ginger Taylor - June 09, 2018 at 01:09 AM

RS

“ *Rhonda Sanders lit a candle in memory of Tracey Helton*



Rhonda Sanders - June 08, 2018 at 11:59 PM

RP

“ *Tracey was a unique individual - all in a good way. She was a hard-worker, always positive, driven, full of humor - even if the situation was one that called for falling apart. She could always make me laugh, each and every time she opened her mouth. She definitely was "life of a party" which in our past few years, the "party" we were both at was the South Haven School Fall Fest Bingo room. ha I met Tracey some 20+ years ago when our employer needed a temporary tow motor operator and I was in HR. She took the job, and moved right on up from that temp job to become a Buyer. This woman was full of intelligence, love for her family and a positive influence on anyone she met. (If she liked you). She did not ever have any problem letting anyone guess her thoughts or feelings. My life has been so much richer for having met Tracey Helton. RIP my dear friend.*



Regetta Thomas Pollock - June 08, 2018 at 11:15 PM



“ *Christie Jerry Lyles lit a candle in memory of Tracey Helton*



Christie Jerry Lyles - June 08, 2018 at 08:57 PM

BL

“ *Bless it... Tracey was the most amazing woman, her unique talent for her cakes knew no bounds..she baked nearly every birthday cakes for my granddaughters no matter the theme.. and my Football cake.. she did this for everyone of her grandchildren even on bad days, until here lately.... her stories were funny....heartfelt and told with such love and laughter. She will be so greatly missed.. last but far from least.. she gave me the most beautiful, wonderful daughter in law.. Katie.*

I will miss you. Godspeed..

RIP..

Beverly Gail Little - June 08, 2018 at 05:01 PM

MH

“ About 38 years ago, Tracey and I worked together at the American Diabetes Association in Cedar Rapids, Iowa -- that's where we met. She was fun to work with, never a dull moment. One day Tracey announced that The Chippendales were in town and she wanted to see them that night. She decided I should go with her to see the male strippers. Being six or seven months pregnant, I wasn't crazy about the idea -- but Tracey said she'd pick me up, and I should have dollar bills in my purse. And I'm so glad she encouraged/forced me to go! Those were some well-built men with good moves!!! Even though I couldn't drink because of my pregnancy (they might have looked even better after a drink or two!!), that evening is still one of my most fond memories! I'll bet Tracey is looking down as I write this smiling at the memory, . . .



RIP Trace. I'll never forget you.

Marsha Harmon

Marsha A. Harmon - June 08, 2018 at 04:52 PM

BC

“ *Katie & Family,*

I will pray the love of God enfolds you during this difficult time. I pray for comfort, peace, and courage for the days ahead. Please know that you will be in my thoughts and prayers. Please remember that those we love don't go away, they walk beside us everyday. Unseen, unheard, but always near, still loved, still missed, and very dear.



Katie, I love you friend, and if you need me I will always be here.

Brooke Canada & Family

Brooke Canada - June 08, 2018 at 04:35 PM