



## Cathy Russell

November 10, 1951 - August 13, 2025

Cathy Russell of Sardis, Tennessee, passed away peacefully on August 13, 2025, at the age of 73. Born November 10, 1951, in Lexington, Tennessee, she was the beloved daughter of the late Homer and Hessie Russell. The Family will greet guests Friday from 12:30 to 1:30 at Pafford Funeral Home in Lexington. Graveside services will follow at 2 PM at Antioch Cemetery.

Cathy began working at local sewing factories at the young age of 15 and dedicated many years to her craft. She later retired from Johnson Control. Known for her strong work ethic and quiet strength, Cathy was admired by many who worked alongside her throughout her life.

She was formerly married to James Spence and lovingly stepped into the role of mother to his two sons, Elmer Spence of Lexington, TN, and Jeffery Spence (Shelia) of Buchanan, TN. While she did not have children of her own, Cathy had a heart big enough for many — she was a mother figure to countless children over the years. She never met a child she didn't love, and her warmth, kindness, and care left a lasting impression on every young life she touched.

Cathy was the last surviving daughter of her family and was preceded in death by her sisters: Shirley Maness, Linda Russell, Dale Nichols, and Billie Garner.

She is survived by her two step sons; her step grandchildren, Bryant Spence, Brooklyn Briggs (Charles), and Andrea Boyd; step great grandchildren, Caydence Spence, Rae-lyn Briggs, Rylee Boyd, William Boyd, and Felecity Boyd; her nieces and nephews: Suzi Hardin of Sardis; Nancy Roberts of Kentucky; Rita DeYoung of Idaho; Melissa Scott and Tiffany McAdams, both of Lexington, TN. She also leaves behind great-nieces and nephews: Jerry Hardin, Jessica Underwood, Amanda DeYoung, Justin Roberts, Trent DeYoung, Kayla Dotson, and one great-great-nephew, Brandon Hardin.

Cathy's life was a testament to quiet compassion, steady love, and unselfish care for others. Her memory will live on in the hearts of all who knew her.

# Cemetery Details

## Antioch Cemetery

Lexington, TN

# Previous Events

## Visitation

AUG 15. 12:00 PM - 1:30 PM (CT)

Pafford Funeral Home - Lexington, TN  
71 Monroe Ave.  
Lexington, TN

## Graveside Service

AUG 15. 2:00 PM (CT)

Antioch Cemetery  
Lexington, TN

# Tribute Wall



“ Pafford Funeral Home created a Tribute Video in memory of Cathy Russell



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**Pafford Funeral Home** - August 15, 2025 at 10:11 AM

KD

“ 1 file added to the tribute wall



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**Kayla Dotson** - August 15, 2025 at 07:25 PM

KD

“ Love you aunt cathy give dad my love and everyone else. Xoxoxo

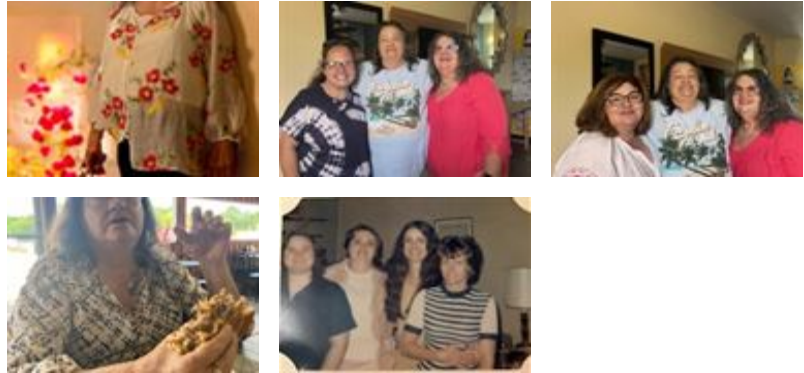


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**Kayla Dotson** - August 15, 2025 at 07:24 PM



“ 43 files added to the album Life Tributes



Pafford Funeral Home - August 15, 2025 at 10:08 AM



“ Overman and Buford family purchased the Forever Our Angel Bouquet for the family of Cathy Russell.



Overman and Buford family - August 15, 2025 at 08:24 AM



“ Overman and Buford family planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Cathy Russell.

Overman and Buford family - August 15, 2025 at 08:24 AM



“ Patsy Bingham lit a candle in memory of Cathy Russell



Patsy Bingham - August 15, 2025 at 08:15 AM

CO

“ I spent lots of My childhood over at Aunt Cathy's house getting chased by Tom Turkey she was a wonderful person and always had a special remedy when me and my siblings were sick



Chris Overman - August 15, 2025 at 08:05 AM

RG

“ Just saw her on July 8th and she was so happy,well sad at the moment but still happy to see alot of her loved ones.then a month later she is gone,Cathy was such a simple down home girl/who grew up poor but always had a smile.she would tell me to call her,but yet never answer the phone.really going to miss her,prayers to all the other family members and he dear friends,R.I.P. till we all meet again

Ronnie Dyer (n) Ricky Gooch - August 14, 2025 at 10:51 PM

RG

“ Ricky Gooch lit a candle in memory of Cathy Russell



Ricky Gooch - August 14, 2025 at 10:45 PM

RD

“ Ronnie Dyer lit a candle in memory of Cathy Russell



Ronnie Dyer - August 14, 2025 at 10:45 PM

LB

“ I will fondly remember Cathy as a sister in law that had such a green thumb it was amazing. Thankful she took part in raising nephews.



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**Louise Burkhead** - August 14, 2025 at 05:04 PM

RJ

“ Such a beautiful soul. Love and prayers for the whole family



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**Regina James** - August 14, 2025 at 03:08 PM